



ASSISTANT COACH ROLE DESCRIPTION

MAN V FAT ARE CONTINUING TO EXPAND AND DEVELOP OUR BRILLIANT DELIVERY TEAM BY RECRUITING ASSISTANT COACHES AT EVERY CLUB. MAN V FAT SUPPORTS THOUSANDS OF OVERWEIGHT MEN TO IMPROVE THEIR PHYSICAL AND MENTAL HEALTH EVERY WEEK. OUR DEDICATED DELIVERY TEAM ARE AT THE HEART OF OUR THRIVING COMMUNITY.

ROLES & RESPONSIBILITIES

ASSISTANT COACHES SUPPORT WITH THE SAFE AND EFFICIENT RUNNING OF THE WEEKLY SESSIONS. THE ROLE AND RESPONSIBILITIES INCLUDE, BUT ARE NOT LIMITED TO;

- PROVIDING A MOTIVATIONAL WEIGH IN FOR PLAYERS, INCLUDING POSITIVE AND NEGATIVE REINFORCEMENT**
- ENSURING DUE CONSIDERATION IS GIVEN TO GOVERNANCE AND LEGISLATION WHEN SUBMITTING PLAYER DATA**
- ENABLING COACHES WITH MORE TIME TO SUPPORT PLAYERS AND PROVIDE LIFESTYLE ADVICE**
- BEING AN AMBASSADOR FOR MAN V FAT AT ALL TIMES**
- WHEN COACHES ARE UNAVAILABLE, ASSISTANT COACHES WILL COVER AND LEAD THE CLUB THAT WEEK***
- ATTENDING LOCAL AND NATIONAL EVENTS WHERE REQUIRED/AVAILABLE**

***ASSISTANT COACHES ARE EXPECTED TO LEAD SESSION DELIVERY WHEN THEIR CLUB COACH IS UNAVAILABLE. THIS MAY RESULT IN THE ASSISTANT COACH BEING UNABLE TO PARTICIPATE IN THE SESSION AS A PLAYER. WHERE POSSIBLE, EVERY EFFORT WILL BE MADE TO PROVIDE WARNING, AND FIXTURES MAY BE AMENDED WHERE APPROPRIATE TO ACCOMMODATE AN ASSISTANT COACH'S PARTICIPATION. WHERE PRIOR WARNING ISN'T POSSIBLE, THE SESSION AND FIXTURES SHOULD RUN AS SCHEDULED, CAUSING MINIMAL DISRUPTION FOR PLAYERS. IN THIS INSTANCE, ASSISTANT COACHES WOULD STILL BE ABLE TO CONTRIBUTE TOWARDS THEIR TEAM'S RESULT WITH WEIGHT AND TRACKING BONUSES. TYPICALLY, WE'D EXPECT THIS TO BE NO MORE THAN 4 TO 6 SESSIONS PER ANNUM.**



BENEFITS

- **FREE MONTHLY MEMBERSHIP AT YOUR CLUB THROUGHOUT THE DURATION OF THE ROLE**
- **40% OFF OF YOUR MONTHLY SUBSCRIPTION AT ONE OTHER CLUB OF YOUR CHOICE WHERE APPLICABLE**
- **MAN V FAT UNIFORM**
- **ACCESS TO ROLE SPECIFIC TRAINING**
- **ACCESS TO OPPORTUNITIES FOR FURTHER PROFESSIONAL DEVELOPMENT**

HOURS

- **2 HOURS (AVERAGE PER WEEK)**

MANDATORY TRAINING

AT MAN V FAT, TRAINING IS IMPORTANT TO US. ENGAGING IN REGULAR TRAINING AND DEVELOPMENT OPPORTUNITIES SUPPORTS OUR TEAM IN COMPLETING THEIR ROLES TO THE HIGHEST POSSIBLE STANDARD, WHILE ENSURING MAN V FAT AS A PROVIDER REMAINS SAFE, EFFECTIVE AND COMPLIANT. ANY MEMBER OF THE COMMUNITY WHO WISHES TO BECOME AN ASSISTANT COACH IS REQUIRED TO COMPLETE FOUR HOURS OF MANDATORY TRAINING. COURSES MAY INCLUDE SAFEGUARDING, HEALTH & SAFETY, FIRE SAFETY, FIRST AID, AMONGST OTHER ROLE SPECIFIC COURSES. ADDITIONAL TRAINING AND DEVELOPMENT OPPORTUNITIES WILL ALSO BE MADE AVAILABLE.

THE IDEAL CANDIDATE WILL BE ORGANIZED, PUNCTUAL, WITH EXCELLENT COMMUNICATION SKILLS. FULL ONLINE TRAINING AND SUPPORT WILL BE PROVIDED TO SUCCESSFUL CANDIDATES.

STILL INTERESTED IN BECOMING A MAN V FAT ASSISTANT COACH? [APPLY HERE AND TELL US A LITTLE BIT ABOUT YOURSELF.](#)