



ASSISTANT COACH

MAN V FAT FOOTBALL ARE CONTINUING TO EXPAND AND DEVELOP OUR BRILLIANT DELIVERY TEAM BY RECRUITING ASSISTANT COACHES AT EVERY CLUB. MAN V FAT IS THE UK'S NUMBER ONE MALE ONLY WEIGHT LOSS COMMUNITY. MAN V FAT FOOTBALL PROVIDES SMALL-SIDED FOOTBALL CLUBS EXCLUSIVELY DESIGNED TO SUPPORT THOUSANDS OF OVERWEIGHT MEN TO IMPROVE THEIR PHYSICAL AND MENTAL HEALTH EVERY WEEK. OUR DEDICATED DELIVERY TEAM ARE AT THE HEART OF OUR THRIVING COMMUNITY.

ROLES & RESPONSIBILITIES

ASSISTANT COACHES WILL SUPPORT WITH THE SAFE AND EFFICIENT RUNNING OF THE WEEKLY SESSIONS. ROLES AND RESPONSIBILITIES INCLUDE BUT ARE NOT LIMITED TO;

- PROVIDING A MOTIVATIONAL WEIGH IN FOR PLAYERS, INCLUDING POSITIVE AND NEGATIVE REINFORCEMENT
- ENSURING DUE CONSIDERATION IS GIVEN TO GOVERNANCE AND LEGISLATION WHEN SUBMITTING PLAYER DATA
- ENABLING COACHES WITH MORE TIME TO SUPPORT PLAYERS AND PROVIDE LIFESTYLE ADVICE
- BEING AN AMBASSADOR FOR MAN V FAT AT ALL TIMES
- WHEN COACHES ARE UNAVAILABLE, ASSISTANT COACHES WILL COVER AND LEAD THE CLUB THAT WEEK*
- ATTENDING LOCAL AND NATIONAL EVENTS WHERE REQUIRED/AVAILABLE

*ASSISTANT COACHES ARE EXPECTED TO LEAD SESSION DELIVERY WHEN THEIR CLUB COACH IS UNAVAILABLE. THIS MAY RESULT IN THE ASSISTANT COACH BEING UNABLE TO PARTICIPATE IN THE SESSION. WHERE POSSIBLE, EVERY EFFORT WILL BE MADE TO PROVIDE WARNING, AND FIXTURES MAY BE AMENDED WHERE APPROPRIATE TO ACCOMMODATE ASSISTANT COACH'S PARTICIPATION. WHERE PRIOR WARNING ISN'T POSSIBLE, THE SESSION AND FIXTURES SHOULD RUN AS SCHEDULED CAUSING MINIMAL DISRUPTION FOR PLAYERS. IN THIS INSTANCE, ASSISTANT COACHES WOULD STILL BE ABLE TO CONTRIBUTE TOWARDS THEIR TEAM'S RESULT WITH WEIGHT AND TRACKING BONUSES. TYPICALLY, WE'D EXPECT THIS TO BE NO MORE THAN 4 TO 6 SESSIONS PER ANNUM.

BENEFITS

- FREE MONTHLY MEMBERSHIP AT YOUR CLUB THROUGHOUT THE DURATION OF THE ROLE
- A REDUCED MONTHLY SUBSCRIPTION OF £20 PER MONTH AT ONE OTHER CLUB OF YOUR CHOICE
- MAN V FAT UNIFORM
- ACCESS TO ROLE SPECIFIC TRAINING
- ACCESS TO OPPORTUNITIES FOR FURTHER PROFESSIONAL DEVELOPMENT



HOURS

- 2 HOURS (AVERAGE PER WEEK)

MANDATORY TRAINING

AS WELL AS COMPLETING AN ONLINE, LEARNER LED, ASSISTANT COACHES WORKSHOP, WE USE AN ONLINE TRAINING PLATFORM CALLED LITMOS – THEIR SLOGAN IS ‘LEARNING MADE EASY’ SO DON’T WORRY, THIS WON’T BE TOO PAINFUL! YOU WILL RECEIVE AN EMAIL INVITATION FROM LITMOS BEFORE YOU BEGIN YOUR ROLE.

INITIAL TRAINING TO BE COMPLETED ON LITMOS...	
INTRO TO WORKING SAFELY UK/EU (10 MINS)	MANUAL HANDLING UK/EU (15 MINS)
EQUALITY AND DIVERSITY IN THE WORKPLACE UK/EU (10 MINS)	SLIPS AND TRIPS UK/EU (15 MINS)
HAZARD IDENTIFICATION AND RISK CONTROL UK/EU (10 MINS)	COMPLAINT HANDLING (10 MINS)
LONE WORKING UK/EU (5 MINS)	FIRE SAFETY AWARENESS UK/EU (20 MINS)

THERE ARE ALSO SOME ADDITIONAL MANDATORY COURSES ON THE E-LEARNING FOR HEALTH (ELFH) PLATFORM - SEE TABLE BELOW. AN INVITATION TO ACCESS AND COMPLETE THIS TRAINING WILL BE SENT TO YOU VIA EMAIL.

INITIAL TRAINING TO BE COMPLETED ON ELFH...	
DATA SECURITY AWARENESS	SAFEGUARDING ADULTS (SGA) LEVEL 2

THE IDEAL CANDIDATE WILL BE ORGANIZED, PUNCTUAL, WITH EXCELLENT COMMUNICATION SKILLS. FULL ONLINE TRAINING AND SUPPORT WILL BE PROVIDED TO SUCCESSFUL CANDIDATES.

IF YOU’RE INTERESTED IN BECOMING AN ASSISTANT COACH AT YOUR CLUB, SIMPLY COMPLETE [THIS APPLICATION](#) AND YOUR REGIONAL MANAGER WILL BE IN TOUCH WITH MORE INFORMATION IN DUE COURSE.